Influencer Award

Kristen Froese

Active at school, church and in the Leduc community, Kristen Froese is a recipient of a 2021 Influencer award in recognition of her volunteerism and leadership.

Newly graduated from Christ the King School, Kristen has always led by example. Known for her positive attitude and kindness, she is welcoming to everyone and happy to help in any way she can. Kristen was active on the student council and the school's music ministry team, helping to plan school events and raise money for causes such as the Terry Fox Walk, Hats on for Mental Health, and the Leduc Hub Association. In Grade 12, when a school trip was cancelled due to low interest, Kristen organized a petition and garnered enough support to successfully reschedule the trip.

Kristen received the Taylor Bourque Memorial Scholarship for highest academic standing in both Grade 7 and Grade 9, as well as an award for the highest average in Grade 11. She received a Knights of Columbus award in 2020-21 for exemplifying the values of charity, unity, fraternity and patriotism. She was also the valedictorian for her graduating class.

For several years, Kristen has helped collect food bank items for the Devon Christmas Elves. She also taught Sunday school at her church and participated on the worship team. In 2019 she volunteered for the Leduc Public Library's Summer Learning Challenge, organizing activities for children ages three through 12.

Kristen enjoys musical theatre, singing and biking. She loves working with people and is thinking about a career in counselling. She will be starting her bachelor's degree in psychology at the University of Alberta in September 2022.